

Microbial Quality of Raw and Pasteurized Milk Samples Collected From Different Regions of Madurai District, (T.N.) India

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Abstract: Milk is the fluid normally secreted by female mammals for the nourishment of their young ones. It is a compulsory part of daily diet for the expectant mothers as well as growing children and also serves as good medium for microbial growth and contamination. 240 raw milk samples and 72 pasteurized milk samples from different places of Madurai District for a period of six months were analysed for microbial quality. Among the raw milk samples only 19.1% of samples were good quality and 28.3% are very poor quality. In the pasteurized milk samples 81.9% of samples were good for human consumption. The bacteria isolated from milk samples includes *Lactobacilli*, *Staphylococcus aureus*, *Escherichia coli*, *Bacillus subtilis*, *Salmonella typhi*, and faecal coliforms.

Keywords: Raw milk, pasteurized milk, MBRT, coli forms, public health, Madurai

I. Introduction

Milk is one of the complete foods which there seems to be no adequate substitute. Milk has good quality protein and is a unique substance in that it is consumed as fluid milk with minimal processing and also it is the raw material used to manufacture a wide variety of products. Milk may be modified by condensing, drying, flavouring, fortifying, demineralization and other treatments, lactation. It starts its journey in the udder of a mammal as a sterile substance, but as it passes out of the teat, it is inoculated by the animal's normal flora. Being a nutritionally balanced food stuff with a low microbial load (less than 10000/ml) when drawn from the udder of a healthy cow milk gets contaminated at various stages including the cow itself, the milker (manual as well as automated) i.e. the milker's hand or milking equipment, storage vessels and water supply particularly when used for adulteration. The microbial load may increase up to 100 fold or more once the milk is stored for some time at ambient temperature. The growth of microorganisms in milk causes disintegration of fat, protein and lactose and also makes the product unsuitable for drinking.

Milk is nutritious food for human beings, also serves as a good medium for the growth of many microorganisms, especially *Lactobacillus*, *Streptococcus*, *Staphylococcus* and *Micrococcus* sp. Bacterial contamination of raw milk can originate from different sources from animals such as air, milking equipment, feed, soil, feces and grass ([1]). Milk microflora includes spoilage and pathogenic microorganisms. Many milk borne diseases such as tuberculosis, brucellosis and typhoid fever are known ([2]).

Milk is spoiled by a wide range of microorganisms some of which are pathogenic and are responsible for milk borne diseases. The milk is very easily contaminated if collected unhygienically and handled carelessly leading to quick spoilage ([3]),([4]) and is often contaminated by *Escherichia coli* bacteria under poor sanitary conditions which can affect public health. The coliform group of bacteria is defined as the indicator (faecal coliform) of suitability of milk for consumption (Standard method committee, 1981).

II. Materials And Methods

240 raw milk and 72 pasteurized milk samples were collected from diverse locations of Madurai district and surrounding villages in sterile screw cap tubes. After collection, the samples were transported to the laboratory on ice in sterile condition and processed for MBRT and coli form test within three hours. In the methylene blue reduction (MBRT) test 1 ml of methylene blue (1:25,000) is added to 10ml of milk. The tube is sealed with rubber stopper and slowly inverted three times to mix. It is placed in a water bath at 35°C and examined at intervals up to 6hrs. The time taken for the methylene blue to become colorless is the methylene blue reduction time (MBRT). The methylene blue reduction test depends upon the ability of bacteria in milk to grow and to consume the dissolved oxygen, which reduces the oxidation reduction potentials in the medium([8]).

Isolation of Microorganisms from milk samples: Serial dilutions of samples were made up to 10⁻⁶ in nutrient broth and MacConkey broth. Samples were plated in duplicate using pour plate technique. 0.5ml of the diluted

sample was delivered by pipette in to 19.5 ml of enriched agar. Plates were inverted in an incubator at 37°C for 24 to 48hrs. Total viable counts were carried out on nutrient agar. Quantitative analysis for the presence or absence of specific microorganisms was done by plating on selective media.

Characterization of isolates from milk samples: At intervals, colonies on the incubated plates were picked and purified by repeated sub-culturing by streaking on the desired media with a sterile wire loop. The strategy consisted of picking one colony to represent every visible different morphology on each plate. A maximum of 5 colonies were obtained per sample, which were examined microscopically for Gram’s reaction and colony morphology (shape, size, colour, texture) using 24h old cultures. Motility and biochemical tests were performed. Appropriate positive and negative controls were used to make distinction positive and false-positive reactions.

Identification of isolates from milk samples: Identification was based on growth on selective agar and broth, colony morphology, Gram’s reaction, Biochemical test results and criteria for disregarding negative cultures. Results were analyzed using Bergy’s manual, and other methods for the identification ([5]), ([6]), ([7])

III. Results and Discussion

The results are presented in tables 1 and 2. A critical perusal of the table 1 reveals that out of 240 raw milk samples tested, 52 (21.6%) samples were found to be good, 67 (27.9%) samples were fair. The highest numbers of samples were found to be poor 71 (29.5%) and very poor 72 (30.0%). Out of 72 pasteurized milk samples, highest number of samples were found to be good 59 (81.9%) only 3 (4.1%) samples were found to be very poor, 4 (5.5%) samples were poor. Chatterjee et al., (2006) reported that the raw milk contained higher number of micro flora probably due to contamination from the animal.

Bacteria found in manure, soil and water may enter milk due to dairy utensils and milk contact surfaces. Present study showed that 53% and 49% of raw milk samples were of very poor & poor category but in case of pasteurized milk samples, 86% of the samples were of good quality due to pasteurization .

IV. Tables

Table I. Microbiological quality of can/pot milk supplied to coimbatore city (T.N)

Month	Total No. of samples	Quality of milk			
		VeryPoor	poor	fair	good
January	40	6(15.0%)	8(20.0%)	15(37.5%)	15(37.5%)
February	40	7(17.5%)	10(25.0%)	14(35.0%)	12(30.0%)
March	40	9 (22.5%)	11(27.5%)	13(32.5%)	10(25.0%)
April	40	14(35.0%)	14(35.0%)	11(27.5%)	5 (12.5%)
May	40	16(40.0%)	16(40.0%)	6 (15.0%)	6 (15.0%)
June	40	20(50.0%)	12(30.0%)	8 (20.0%)	4 (10.0%)
Total	240	72 (30.0%)	71 (29.5%)	67 (27.9%)	52 (21.6%)

Table II. Microbiological quality of pasteurized milk supplied to coimbatore city (T.N)

Month	Total No of samples	Quality of milk			
		Very poor	poor	fair	good
January	12	0(0%)	0(0%)	2(16.6%)	10(83.3%)
February	12	0(0%)	0(0%)	1(8.3%)	11(91.6%)
March	12	0 (0%)	0(0%)	2(16.6%)	10(83.3%)
April	12	0(0%)	0(0%)	0(0%)	12 (100%)
May	12	1(8.3%)	2(16.6%)	0 (0%)	9 (22.5%)
June	12	2(16.6%)	2(16.6%)	1 (8.3%)	7 (58.3%)
Total	72	3 (4.1%)	4 (5.5%)	6 (8.3%)	59 (81.9%)

Table III. Bacteria present in raw milk samples supplied to coimbatore city (TN)

Month	Total No of samples	Number of colonies appeared					
		Lactobacilli	Staphylococcus aureus	Escheritiacoli	Bacillus subtilis	Salomonella typhi	Fecal coliforms
January	40	63	43	71	13	-	3
February	40	57	41	21	12	3	-
March	40	49	37	22	15	4	3
April	40	51	49	27	14	-	-
May	40	73	59	36	21	6	5
June	40	87	63	40	26	7	5
Total	240	380	292	164	101	20	12

V. Conclusion

The study indicated that the dominant microbial flora associated with poor milk samples in and around Coimbatore District, (T.N.) were in the order of Lactobacilli, Staphylococcus aureus, Escherichia coli, Bacillus subtilis, Salmonella typhi, Faecal coliforms. In pasteurized milk samples also very poor quality were recorded only in May and June months.

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