"A Self Reported Reasons for Divorce by Computer Professionals"

P.Subha Rani¹

¹Associate Professor, Saveetha College of Nursing, Saveetha University, India

I. Introduction

According to the psychologists of health, the foundation of the family will be realized under the shelter of the life of couples along with the establishment of permanent and strong links between the man and woman which is called marriage. However, among the important mental impacts of marriage is the establishment of a favorable relation between the man and woman which brings to both of them tranquility(.1)

Divorce (or the dissolution of marriage) is the termination of a marital union, the canceling and/or reorganizing of the legal duties and responsibilities of marriage, thus dissolving the bonds of matrimony between a married couple under the rule of law of the particular country and/or state. (2)

Key words: aggressive, divorce, Psychological Threat

II. Topic

A SELF REPORTED REASONS FOR DIVORCE BY COMPUTER PROFESSIONALS.

III. Objective

To assess the self reported reasons for divorce.

IV. Methodology

A descriptive survey (3) was conducted to explore the reasons given by computer professionals for divorce at family court Chennai. Samples of 32 computer professionals (4) (IT) were selected by convenient sampling technique. Samples were interviewed individually and open ended answers had been collected from them.

V. Ethics

Research ethics was considered throughout the study. Participant's information, oral consent form obtained.

VI. Analysis

The reasons were analyzed by frequency and percentage.

VII. Major findings of the Study

Regarding the open ended reasons:

- Out of 32 respondents nearly 28 per cent said that parental misguidance of the spouse is the main reason for seeking divorce;
- About 19 per cent said that they receive psychological threats (5) from their spouses and hence they applied divorce
- Unstable emotional behavior and aggressiveness (6) of the spouse are the reasons for divorce, according to six per cent of respondents;
- A similar percentage of people aspire for divorce each cited the reasons, settling in a foreign country, and lower estimation of spouse's family, misuse of law.(7)
- Other reasons cited include lying, always money oriented, arrogance & cunning, vast age difference, and showing too much anger.

VIII. Conclusion

Findings revealed that parental misguidance was the prime most reason for divorce in present study.

Limitation

Since the sample number is miniscule and there were no comparison group result is only limited to the targeted population.

X. **Implications**

Divorce in India is on the rise while the professionals should aware the preventive measures to stop the contagious burden of the society.

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