

Assessment of the Phytochemical, Proximate, Mineral and Heavy metal constituents of some grass straws used in cultivating *Pleurotus ostreatus* var *florida* Eger.

* Okwulehie, Ikechukwu Cyriacus and Okoro Chibueze E.

Department of Plant Science and Biotechnology, Michael Okpara University of Agriculture, Umudike, P.M.B. 7267, Umuahia, Abia State, Nigeria.

ABSTRACT: *The proximate, phytochemical, mineral and heavy metal contents of the straws of *Andropogon gayanus*, *Panicum maximum*, *Pennisetum purpurea* and *Oryza sativa* were investigated. The straws contained different levels of crude alkaloids, (0.25 ± 0.03 - 0.05 ± 0.014), flavonoids, (0.25 ± 0.024 - 0.09 ± 0.024), Hydrogen cyanide (HCN) ($4.18 \pm 0.03\%$ - $2.59 \pm 0.09\%$) phenols, ($0.16 \pm 0.001\%$ - $0.013 \pm 0.007\%$), saponins, ($0.37 \pm 0.014\%$ - $0.13 \pm 0.014\%$ and tannins, ($0.27 \pm 0.002\%$ - $0.137 \pm 0.001\%$). The nutrient content of the straws also varied and ranged as Carbohydrate (CHO), 30.13 ± 13 in *Andropogon* straw (ANS), to 27.49 ± 1.26 in *Panicum* straw (PAS), Protein, 17.74 ± 0.47 in ANS to 13.07 ± 0.22 in PAS, Fats, 1.86 ± 0.02 in ANS to 0.53 ± 0.02 in *Oryza* straw (ORS), ASH, 5.49 ± 0.097 in *Pennisetum* straw (PES) to 3.83 ± 0.12 in PAS, Fibre, 49.74 ± 1.97 in PAS to 41.33 ± 0.15 in PES, Moisture, 9.33 ± 0.02 in PES to 5.15 ± 0.03 in PAS to 5.0 ± 0.09 in ORS. The mineral composition of the straws (mg/100g) ranged as follows, Calcium: 305.94 ± 2.35 in ANS to 203.072 ± 2.32 in ORS' Magnesium: 27.2 ± 2.8 in ORS to 8.8 ± 1.39 in PAS, Potassium: 352.3 ± 2.32 in ORS to 176.1 ± 0.54 in PAS, Sodium: 12.67 ± 0.58 in ORS to 9.2 ± 0.2 in ANS, Phosphorus: 233.47 ± 1.63 in PES to 158.09 ± 0.5 in ANS. For heavy metals *Andropogon* straw contained the highest ppm Cadmium (7.18), Zinc, (25.08), Lead, (8.44), and copper, (9.96), than the other straws. *Oryza* straw contained next highest of zinc, but lead was not present. The result of the investigations were discussed in relation of the usefulness of the straws in the cultivation of the edible mushroom *Pleurotus ostreatus* var *florida*.*

Keywords: *Grain crop straw, Nutrient composition, bioactive composition, cultivation of mushrooms.*

Abbreviations: *ANS= *Andropogon gayanus*, PAS= *Panicum maximum*, PES= *Pennisetum purpurea*, ORS= *Oryza sativa*, CHO= Carbohydrate.*

I. Introduction

Cereal Grain crops) straws are the most common agricultural wastes used in the cultivation of mushrooms. This category of waste is of limited use and may constitute a form of environmental hazard if not disposed (Okwulehie and Okwujiako 2008). They could however be used in animal feeding either untreated or urea-treated. An efficient and economical way of disposing these straws is by upgrading them into a high value product for man and the soil by using them to grow mushrooms. The process turns the wastes into edible biomass by solid-state fermentation (Okwujiako, 1992). When the straws are degraded, by the mushroom, useful nutrients are absorbed while the spent-straw serves as organic source of nutrient for crop production. Many researchers have investigated the potentials of achieving this by carrying out trials with different agro-wastes, banana leaves, corn cob, cottons wastes and rice straws to grow *Pleurotus tuber-regium* (Fasidi and Ekuere (1993)). Wheat straws has a potential of being utilized for commercial products of sclerotia of *P. tuber-regium*. (Okwujiako and Smith (1999). Cotton waste, cassava peels and rice straw supported the frutification of *Volvariella esculenta* (Fasidi (1996). Royse (2003) used cotton hull and wheat straw to produce *Pleurotus* species. Sharma, (2003) reported that in general, *Pleurotus* species grow well on substrates such as paddy (rice) straw, wheat straws, maize stalks and sugar-cane leaves. Similarly Okwulehie and Okwujiako (2008) used the straws of *Andropogon gayanus*, *Panicum maximum*, *Pennisetum purpurea* and *Oryza sativa* and reported that all the straws supported the growth of *Pleurotus ostreatus* var *florida*. Among the straws tested by Okwulehie and Okwujiako (2008). *Andropogon gayanus* produced significantly higher number of fruiting-bodies of *Pleurotus ostreatus* var *florida* than the other straws however *Panicum maximum* straw yielded the least and the lightest fruit-bodies.

Chiejina et al (2010), used fermented saw dust, fermented oil palm fruit fibre and mixtures of the fermented substrates with top-soil or river sand and obtained appreciable yield of *Pleurotus tuber-regium* fruit-body and sclerotia. Similarly Badu et al (2012), produced fruit-bodies of *Pleurotus ostreatus* using saw-dust of *Ciba pentandra*, *Terminalia superba* and *Triplochiton scleroxylon*. Badu et al., also investigated the effects of the saw-dust on the quality of the mushrooms produced.

Some authors have investigated the nutritional and chemical contents of the substrates used to produce the mushroom fruit-bodies and sclerotia so as to determine their influence in the yield and quality of the mushrooms. For instance Badu et al (2012), that the yield and quality of the Oyster mushroom the produced on saw-dust depended on the chemical content of the substrates used. According to Badu et al. 2012, Triplochiton scleroxylon which contained more nutrients gave the best yield of Pleurotus ostreatus.

In previous investigations the cereal grass (Andropogon gayanus, Panicum maximum, Pennisetum purpurea and Oryza sativa) straws were used to grow Pleurotus ostreatus var florida in view to find out whether they would be ideal for production of valuable fruit-bodies of the mushroom. The results showed that the stawsupported good yield of the mushroom that is rich in nutrients and chemical composition (tables 1 and 2). The present work is focused on determining the proximate, phytochemical, and mineral compositions of the substrates, to relate them with the yield and quality of the Pleurotus ostreatus var florida produced. The work was carried out with the perspective that grass straw are waste materials and that mushrooms they produce do significantly contribute to the minerals in the human diet, the data collected would serve as an useful basis to define the nutritional value of a given mushroom species, along with any warnings for toxic minerals, depending on their concentration.

II. Materials And Methods

Sources of the grain straws

The grass straws were collected as from farms at various locations in Abia State Nigeria during the respective farming season.

Preparation of samples for analyses:

The grain crop straws were sun-dried and separately chopped into tiny pieces using machetes. The separate samples were then ground into fine powder using a Corona (Landers) blender, Model Y. CIA, S.A. 0897, and sieved using two layers of cheese cloth. The sieved samples were then dispensed into clean dry-specimen bottles and stored at room temperature in the Laboratory of the Department of Plant Science and Biotechnology, Michael Okpara University of Agriculture, Umudike until required for analyses.

III. Phytochemical Contents Determination: (Qualitative Analysis)

Test for alkaloids (Harborne 1973)

About 5.0g of the dry powdered sample of the mushroom was placed into a 100ml conical flask, containing 2ml of 5% H₂SO₄ in ethanol. The mixture was heated to boiling in a water bath, left to cool and then tested for the presence of alkaloids. Two (2) ml of the filtrate of the heated samples were the used to test for colour change using 2 drops of Mayer's reagent for yellow precipitate and 2 drops of Wangner's reagent for reddish-brown precipitate.

Test for Flavonoids.

Five (5) ml of dilute solution was added to 5ml of aqueous filtrate of each sample. To this mixture, about 2 drops of H₂SO₄ as added and observed for yellow colouration which would disappear on storage. (Harborne 1973)

Test for tannin:

Harborne's(1973) method was used; Dry powdered sample (5.0g) was boiled in 20ml distilled water in a water bath. On cooling a drop of ferric chloride was added and observed for a brownish green or a blue-black colouration.

Test of saponins (Harborne 1973):

About 2g of the dry powdered sample was boiled in 20ml of distilled water in a bath after cooling, the boiled mixture was filterered Ten (10) ml of the filtrate was mixed with 5ml distilled water and shaken vigorously for a stable froth. Three drops of olive oil were added to the frothing solution, and the formation of an emulsion confirmed the presence of saponins.

Test for phenol (Harborne 1988):

Five (5) grams of the powdered sample was mixed with 20ml of tetraoxosulphate (VI) acid (H₂SO₄) in ethanol and heated for 5min. filtrate of the heated mixture (1ml) and 2 drops of neutral ferric chloride were mixed to observed green, blue or black colouration.

Quantitative estimation of the Chemicals:

Each value is the mean of three replicate determination \pm standard deviation.

Alkaloids: Five grams (5g) of the dry powdered sample was used to determine the alkaloids contents of the mushroom following the method of Harborne (1973). The alkaloid was expressed as percentage.

$$\% \text{ Alkaloids: } = \frac{\text{weight of residue}}{\text{Weight of sample}} \times \frac{100}{1}$$

Determination of Flavonoids:

About 5g of the dry powdered sample was used to determine of Flavonoids according (Boham and Kocipai, 1994). The sample was mixed with 100mls of 2M HCl at room temperature. The solution was boiled for 30min with water bath, cool and filtered. 20mls of Ethyl Acetate was added to the filtrate and filtered again with a weighed filter paper. The filter paper was oven dry, cool and weighed

$$\% \text{ Flavonoids: } = \frac{\text{weight of residue}}{\text{Weight of sample}} \times \frac{100}{1}$$

IV. Determination Of Tannin

The method of Okeke and Elekwa, (2003) was used for tannin determination using 5g of the sample shaken with 50mls of H₂O and left to stand for 30 min. The solution was filtered and 2mls of the filtrates was introduced into a test tube and 3mls of 0.1M FeCl₃ and 2ml of potassium ferro cyanide were added. Addition of 46mls of water was done. It was filtered again and 1ml of the filtrate was used to read the absorbance at 710nm within 10 min

Determination of Saponins

Saponins determination was carried out using (Harborne, 1973) method, Five (5) g of the sample was boiled with 100mls of 20% ethanol in a water bath for 1.30min and filtered while still hot. The filtrate was collected and heated for 30 min, in 40mls of ether then poured into a separating funnel, the lower part of the filtrate in the separating funnel was collect and 60mls of n-butanol was added and the upper layer/part was collect while the lower part was discarded, the filtrate was evaporated to dryness using steam Bath at 70°C. in an oven cooled and weighed.

Determination of Phenolic Content

The total phenol content was determined using (Harborne, 1973) method. The fat free 0.2g sample was boiled for 15 mns with 50ml of ether for the extraction of phenol. five ml of the extract was pipetted into a 50ml flask and 10ml of distilled water was added also 2ml of ammonium hydroxide solution and 5ml of concentrated amyl alcohol were added and made up to mark and left to react for 30min for colour development. The absorbance of the solution was read at 505nm wave length using a spectrophotometer.

Proximate Analysis

Moisture content determination

Five grams (5.0g) of the powdered dry samples was placed into clean dry glass Petri dishes of known weight. These were placed in an electric oven at 15°C and allowed to dry for 6-8 hours (La Guardia et al., 2005; Konuk et al., 2006, Okwulehie and Ogoke, 2013).

The oven dried sample were weighed and placed back in the oven to further dry for 1 hour. The weighing and drying was repeated until the weight became constant. The percentage moisture content was calculated as follows.

$$\% \text{ moisture: } = \frac{\text{weight of residue}}{\text{Weight of sample}} \times \frac{100}{1}$$

Ash Content

1 g of the dry sample was used this value was obtained by weighing the sample before and after burning it at 500°C overnight.

Crude fibre

The total fibre content was determined by the Weende method (AOAC 1980) 5.0g of the sample was placed into a 250ml beaker and hydrolyzed by adding 20ml of 25% sulphuric acid and boiled under control for about 30min on a hot plate. The mixture was filtered through a piece of clean white cloth then rinsed with hot distilled water. The residue was again boiled, with 50ml of 2.5% sodium hydroxide (NaOH) for 30min, then filtered and rinsed with distilled water. The residue was finally collected and transferred into a crucible, dried in

the oven to a constant weight. The weight of the fiber was calculated and expressed as a percentage of crude fiber as following

:

$$\text{Crude fiber:} = \frac{\text{weight of fiber}}{\text{Weight of sample}} \times 100$$

Protein content

Protein content of the samples was determined by the use of the macro-kjeldahl method, protein contents were determined first and the value was multiplied by 6.25 coefficients (La Guardia et al., 2005). To determine the protein content, 1s.0g of the dry powdered sample was digested with 5ml of concentrated Tetra-oxosulphate (vii) acid, to which a tablet of selenium catalyst was added in a fume cupboard. The digest was made up to mark in a 250ml. volumetric flask. Ten ml of the digest was distilled and titrated with 0.2N H₂SO₄. The crude protein is therefore equaled to the N multiplied by a conversion factor, 6.25.

Determination of Fats and Oil

The fats and oil contents of the sample were determined following the Twisselman method using a diethyl-ether as solvent (AOAC, 1980). Five grams (5.0g) of the dry mushroom sample was introduced into an ether-extracting thimble and placed on a soxhlet reflux flask connected to a round bottomed flask of known weight. This was placed on a heating marital filled with about 250ml of petroleum ether. The oil was extracted by a reflux system. After a series of refluxes, a clear solution was obtained in the flask, the sample was removing. Further heating separated the ether from the extraction oil. The round-bottomed flask containing the oil was finally dried in an oven of 70⁰c determination by gravimetric method was done and expressed as a percentage of the sample used, thus.

$$\% \text{ Fat and oil} = \frac{\text{weight of fiber}}{\text{Weight of sample}} \times \frac{100}{1}$$

Mineral Element Determination

The levels of the mineral elements calcium, phosphorus, sodium, magnesium, potassium and nitrogen were determined using the wet digestion extraction methods as describe by Nivozamsky et al., (1983).

Heavy Metals Analysis

Preparation of selenium (sulfuric acid mixture for analysis).

One (1) liter of sulfuric acid, 3.5g of selenium powder were mixed and heated in a sturdy Pyrex glass container on a hot plate at high temperature until clear. The selenium was dissolved into the sulfuric acid at about 280⁰C. After the selenium has dissolved, the hot plate was turn off and left until cool.

The levels of copper lead, cadmium and zinc were determined using the method of Nivozamsky, et al., (1983)

V. Results

The results on phytochemical, proximate, minerals and heavy metals composition of the four cereal grass straws namely: *Andropogon gayanus*, *Panicum maximum*, *Pennisetum purpurea* and *Oryza sativa* are presented n Tables 1-4

The phytochemical compositions of the straws are presented in Table 2. The result shows that all the straws contain alkaloids, flavonoids, phenols, saponins and tannins in varying quantities. However, the highest percentage of alkaloids content is .0.19±0.02% obtained in *P. purpurea*. The highest content of tannins (0.270±0.002) was also obtained from *P. purpurea* and the lowest from *Oryza sativa* straw. Phenols content (0.161±0.001) from *P. purpurea* was the highest and the least (0.041±0.007)was obtained from *O. sativa*. The saponins content of *P. purpurea* (0.37±0.014)was the highest and the lowest (0.13±0.014)was from *Panicum* straw. Flavonoids contents were significantly higher in *Panicum* straw (0.25±0.024%) and the least (0.09±0.024) was from *O. Sativa* straw

The result of the proximate composition of the mushrooms is summarized in Table 1. The highest protein content of the straws was obtained from *Andropogon* straw with 17.74±0.47% followed by that of *Oryza* straw and the lowest protein occurred in *Panicum* straw. The fat content obtained from *Andropogon* straw (1.86±0.02%) and *Pennisetum* straw (1.51±0.02%) were higher than those obtained from *Panicum* and *Oryza* straws (0.71±0.03)and (0.53 ±0.02) respectively. The ash content of the *Pennisetum* straw was higher than that of *Panicum* straw which showed lowest content. Carbohydrate from *Andropogon* straw (30.13±0.48) was significantly higher than that of *Oryza* straw which was the lowest.

The result of the minerals composition of the grain straws is summarized in Table 3. The calcium content obtained from Andropogon straw was appreciably the highest while the lowest was found in Oryza straw. Magnesium content of Andropogon and Pennisetum straws were the same (13.6±1.39 mg/100g) and lower than that obtained from Oryza straw. The magnesium obtained from Panicum straw was least (8.8±1.39 mg/100g). Sodium content was highest in Oryza straw while Phosphorus content was highest in Pennisetum (233.47±1.63) and the lowest in Andropogon (158.09±0.5).

The results of the heavy metals' concentrations of mushrooms are summarized in Table 4. The highest content of cadmium (7.18ppm), zinc (25.08ppm) lead (8.44ppm) and copper (9.96ppm), were found in Andropogon, while the least content of Lead (0), copper (1.5ppm) and cadmium (3.58ppm) were found in Oryza straw. The content of cadmium, lead and copper were very low in the other straws.

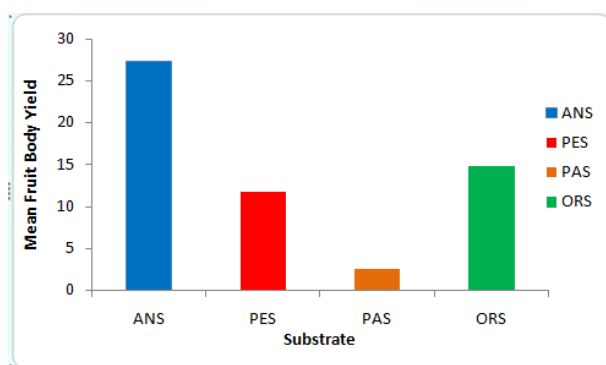


Fig. 1: Fruitbody yield of *Pleurotus ostreatus* var *florida* in different Grain-crop straws.

Source: Okwulehie and Okwujiako (2008).

Table 1a. The effects of the different substrates on the fresh weight and quality of the oyster mushroom (*P. ostreatus* vaflorida).

Substrates	Mean fresh weight	Mean Pileus size	Mean stipe size
Andropogon straw	56.65 ^a	4.17 ^b	2.25 ^a
Panicum straw	42.21 ^c	1.92 ^c	1.05 ^b
Pennisetum straw	21.62 ^b	4.78 ^a	2.68 ^a
Oryza straw	20.60 ^b	3.59 ^b	2.30 ^a
Total	27.27	3.61	

Means having the same superscript letters are not significantly different P>0.05, 0.01by LSD.

Source: Okwulehie and Okwujiako 2008

Table 1: Proximate Composition of the Grain-crop straws (%)

Straw	Fat	Protein	Moisture	Fibre	Ash	CHO
Andropogon straw	1.86 ± 0.02	17.74 ± 0.47	5.05 ± 0.07	40.13 ± 0.12	4.087 ± 0.09	30.13 ± 0.48
Pennisetum straw	1.51 ± 0.02	13.25 ± 0.82	9.33 ± 0.02	41.33 ± 0.15	5.49 ± 0.09	29.08 ± 0.78
Panicum straw	0.71 ± 0.03	13.07 ± 0.22	5.15 ± 0.03	49.74 ± 1.97	3.83 ± 0.12	27.49 ± 1.61
Oryza straw	0.53 ± 0.02	13.21 ± 0.22	5.0 ± 0.09	41.93 ± 0.071	4.49 ± 0.098	34.82 ± 0.14

Values are means of 3 replicates ± standard deviation.

Table 2: Phytochemical Composition of the Grain-crop straws (%)

Straw	Tannins	Saponnins	Alkaloids	Phenols	HCN	Flavonoids
Andropogon straw	0.187 ± 0.001	0.17 ± 0.014	0.05 ± 0.014	0.080 ± 0.007	2.59 ± 0.09	0.11 ± 0.024
Pennisetum straw	0.270 ± 0.002	0.37 ± 0.014	0.19 ± 0.02	0.161 ± 0.001	3.92 ± 0.05	0.18 ± 0.07
Panicum straw	0.172 ± 0.002	0.13 ± 0.014	0.23 ± 0.02	0.169 ± 0.007	3.98 ± 0.05	0.25 ± 0.024
Oryza straw	0.137 ± 0.001	0.15 ± 0.014	0.05 ± 0.014	0.041 ± 0.007	2.96 ± 0.06	0.09 ± 0.024

Values are means of 3 replicates ± standard deviation.

Table 3: Mineral Composition of the Grain-crop straws (mg/100g)

Straw	Calcium	Magnesium	Potassium	Sodium	phosphorus
Andropogon straw	305.94 ± 2.32	13.6 ± 1.39	243.7 ± 0.5	9.2 ± 0.2	159.09 ± 0.5
Pennisetum straw	239.14 ± 2.32	13.6 ± 1.39	224 ± 0.4	11.3 ± 0.1	233.47 ± 1.63
Panicum straw	219.104 ± 2.32	8.8 ± 1.39	173.1 ± 0.54	9.7 ± 0.1	161.90 ± 2.5
Oryza straw	203.072 ± 2.32	27.2 ± 2.8	352.3 ± 0.23	12.67 ± 0.58	198.89 ± 0.5

Values are means of 3 replicates ± standard deviation.

Table 4: Heavy Metal Composition of the Grain-crop straws (ppm)

Straw	Cadmium	Zinc	Lead	Copper
Andropogon straw	7.18	25.08	8.44	9.96
Pennisetum straw	0.94	10.64	2.32	3.24
Panicum straw	0.92	13.3	0.46	2.58
Oryza straw	0.58	20.42	0	1.5

Values are means of 3 replicates \pm standard deviation.

VI. Discussion

The result of the investigations generally indicates that the grain crop straws proximately contain appreciable quantities of carbohydrates, proteins, fibre moisture and ash. As should be expected, the fat contents are low. This of course was the reason why the straws were able to support the fruit bodies of *Pleurotus ostreatus* produced on them by Okwulehie and Okwujiako, (2008). According to the work of Okwulehie and Okwujiako (2008), *Andropogon* straw yielded the highest fruit-bodies and fresh weight of *Pleurotus ostreatus* var *florida* (Fig. 1).

Analysis of the proximate composition of the straws has shown that *Andropogon* straw contain the highest quality of the proximate composition and minerals, followed by *Oryza* straw implying that, the highest number of fruit-bodies produced by *Andropogon* straw and then *Oryza* straw was as a result of the large quantity of nutrient they contain. This conforms to report by Badu et al (2012) that the yield and quality of the Oyster mushroom they produced on saw dust depended on the chemical content of the substrate used, and that *Triplochiton sclenoxylon* saw dust which contained more nutrients gave the best yield of the mushroom. The trend was also followed by the mineral and chemical contents of the grain straws used in the present experiment. The bioactive components of *Andropogon* straw were slightly lower than that of the other straws. This is of little consequence in as a factor in the choice of the straw for production of mushroom.

The highest concentration of zinc and copper in *Andropogon* straw could be an added factor in the richness of the straw since according to Lenntech (1993), zinc and copper are essential to maintain the metabolism of human body. However they become toxic at higher concentration. The cadmium and Lead concentrations of the straws however calls for a little caution because of bioaccumulation, otherwise the recommendation of Okwulehie and Okwujiako (2008) to use *Andropogon* straw as a preferred straw for production of *Pleurotus ostreatus* var *florida* mushroom should be upheld..

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