

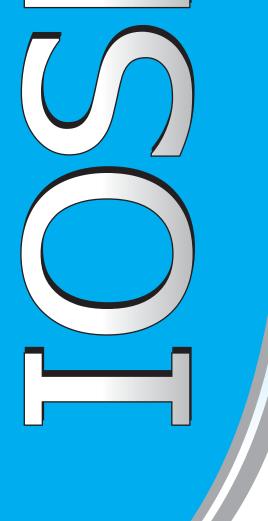
IOSR Journal of Sports and Physical Education (IOSR-ISPE)

## **IOSR** Journals

International Organization of Scientific Research

e-ISSN : 2347-6737

## Volume: 8 Issue: 4 p-ISSN : 2347-6745 **Contents:** Critical gaps in current physical activity and HIV literature: A review 01-09 A Triple Jump Performance Optimization Model Based on Flight Phase 10-17 **Biomechanical Factors** 18-22 A Study to Find Out the Effectiveness of Hip Muscle Strengthening On Static and Dynamic Balance In Chronic Ankle Instability 23-29 Relationship between Upper Extremity Dynamic Balance and Hand Grip Strength in Professional Basketball Players-A Pilot study Impact of Various Foot Arches on Static and Dynamic Balance Among 30-35 **Trained Football Players - A Pilot Study**



Relationship between Core Endurance and Flat Foot Among College Students 36-40

Correlation of Parameters of Fitness Test among Male Adults in India 41-44

Perception Of Physical Exercise During The Covid-19 Pandemic Period 45-52

Sagittal plane kinematics of triple jump: A review53-60

Test Investigation of Physical activity climate, positive and negative effect,61-64and Encouragement