

Performance Of Sports And Health Physical Education Teachers In Improving Learning Achievement Of State Elementary School Students In Darussalam Sub-District Years Of Imprisonment 2019/2020

Abdul Rahim¹, Saifuddin^{2*}, Zulfikar³, Mansur⁴, Miskalena⁵, Amanda Sukriadi⁶

¹ (Universitas Syiah Kuala, Banda Aceh, Indonesia)

² (Universitas Syiah Kuala, Banda Aceh, Indonesia)

³ (Universitas Syiah Kuala, Banda Aceh, Indonesia)

⁴ (Universitas Syiah Kuala, Banda Aceh, Indonesia)

⁵ (Universitas Syiah Kuala, Banda Aceh, Indonesia)

⁶ (Universitas Syiah Kuala, Banda Aceh, Indonesia)

ABSTRAK

Background: Performance is the result of work in quality and quantity achieved by a person in carrying out his duties in accordance with the responsibilities given. Penjas teachers, at State Elementary Schools in Darussalam Subdistrict, Aceh Besar Regency play a big role in the implementation of the Penjas learning process, so that teachers are required not only to be smart but also to be able to adapt to curriculum changes in accordance with the Penjas material. The formulation of the problem in this study is how are the performance of penjas teachers in state elementary schools in Darussalam district? The purpose of the study was to find out how the performance of penjas teachers in State Elementary Schools in Darussalam Subdistrict in compiling, designing, implementing learning activities and carrying out assessments of learning outcomes.

Materials and Methods: The type of research used is descriptive research by reducing data, presenting data and drawing conclusions. The subjects of the study were: all principals and teachers of Physical Education in Sports and Health at State Elementary Schools in Darussalam District, totaling 10 people, the research instruments were interviews, questionnaires and documentation. The data that has been collected is then categorized and analyzed qualitatively using simple percentages.

Results: The results of the study can be concluded that: The performance of penjas teachers in State Elementary Schools in Darussalam District is generally able to compile, design learning tools and are able to carry out an assessment of the learning outcomes process properly in accordance with the assessment guidelines of the assessee.

Keywords: Performance, Learning Achievements

Date of Submission: 28-06-2022

Date of Acceptance: 09-07-2022

I. INTRODUCTION

Teachers are the main implementers in the process of updating education to answer the need for the quality of human resources that can play a professional role in society. Suharso (2013: 112) teacher is a leader who must manage, supervise and manage all learning process activities in schools which are his scope of responsibility. Mulyasa (2008: 20) the role of a teacher in the teaching and learning process includes educating students, as a guide and role model for all students. Therefore, in updating the educational process, very high teacher performance is needed. Performance is the actions or implementation of tasks that have been completed by a person within a certain period of time and can be measured. This can be related to the amount of quality and quantity of work that an individual can complete in a certain period of time. Physical education is essentially an integral part of the education system as a whole. Therefore, the implementation of physical education should be directed towards the achievement of such goals. The purpose of physical education is not only to develop the physical realm, but also to develop aspects of health, physical fitness, critical thinking skills, emotional stability, social skills, reasoning and moral action through physical activity and sports activities. Physical education is a medium to encourage motor development, physical abilities, knowledge and reasoning, passion for values (mental, emotional, motor development, physical abilities, knowledge and reasoning, passion for values (mental, emotional, spritual and social attitudes), and refraction of a healthy lifestyle that boils down to stimulate balanced growth and development.

Physical education has a very important role in intensifying the implementation of education as a process of human development that lasts a lifetime. Physical education provides opportunities for students to be directly involved in various learning experiences through physical activity, play, and exercise which are carried out systematically, purposefully and planned. The provision of learning experiences is directed at fostering, as well as forming a healthy and active lifestyle throughout life. The learning process of physical education teachers must be able to teach various basic movement skills, sports game techniques and strategies, internalization of values (sportsmanship, honest cooperation, etc.) of habituation to a healthy lifestyle. Education is an activity that is carried out consciously and planned, where every process is always accompanied by careful planning in order to produce quality products. The success of the development of quality education is influenced by the availability of various supporting components. One of them is the curriculum that is developed and used at the level of educational units. Therefore, the curriculum must be developed from time to time in line with the development of science, technology, and art, as well as the development of various challenges and demands of competencies needed in the development of Indonesian human civilization that is aspired to in the future.

In facing the development of science and technology, future challenges, and to realize the achievement of national education goals, as formulated in article 3 of Law No.20/2003, namely the development of the potential of students to become human beings who have faith and piety in God Almighty, have a noble character, are healthy, knowledgeable, capable, creative, independent, and become democratic and responsible citizens, the government through the Ministry of Education and Culture, developed the 2013 Curriculum nationally. The teacher as an educator has a very important role, so in the implementation of effective learning, the teacher applies strategies including prioritizing learning objectives, evaluating and through planning the teacher can determine attitudes so that they can produce students who have a positive insight into themselves.

The reason for taking this title is: Often conducted training on Penjas teachers carried out by the education office regarding physical education learning for teachers of SDN Darussalam District. So, the extent of now the performance of teachers in Darussalam Subdistrict in improving student learning achievement. So it is necessary for the author to conduct a study entitled: "The Performance of Assessment Teachers in Improving Learning Achievement of State Elementary School Students in Darussalam District for the Academic Year 2019/2020".

II. RESEARCH METHODS

The research method used is qualitative with a descriptive approach. The subjects set by all principals and teachers of Physical Education for Sports and Health in State Elementary Schools in Darussalam District totaled 10 people. Research instruments are interviews, questionnaires and documentation. The data that has been collected is then categorized and analyzed qualitatively using simple percentages.

III. RESULTS OF RESEARCH AND DISCUSSION

This research data was obtained through a questionnaire totaling 30 questions and supported by the results of observations in the field that were circulated to Penjas teachers at State Elementary Schools in Darussalam District, Aceh Besar Regency, for the 2019-2020 Academic Year, totaling 11 teachers who were designated as research subjects. This research was formally carried out by the author after obtaining a research permit in order to collect thesis data as an introduction from the assistant dean for academic affairs, Faculty of Teacher Training and Education, Syiah Kuala University. The author has also obtained permission from the Youth and Sports Education Office of Aceh Besar Regency.

On July 10, 2020, the author coordinated with the principal of the State Elementary School in Darussalam District, Aceh Besar Regency for the 2019-2020 Academic Year to apply for permission to carry out research on the Penjas Teacher, then with the help of the principal the researcher circulated the questionnaire to the respondents. Furthermore, on July 11-14, 2020, the author again went to the school to collect the questionnaire that had been circulated to respondents. The number of questionnaires is collected according to the number of questionnaires that have been circulated.

1. Tinjauan dari Hasil Wawancara Kepala Sekolah

Kinerja guru Penjas dalam meningkatkan prestasi belajar siswa dari 4 komponen berdasarkan kisi kisi instrumen wawancara kepala sekolah, adapun 4 indikator instrumen yang peneliti ajukan sebagai berikut :

a. Based on Pedagogic Competence

The pedagogical competence of teachers of state elementary schools in Darussalam Subdistrict, Aceh Besar Regency, for the 2019-2020 Academic Year in carrying out physical education learning shows that 90% or 9 people have high abilities, 10% or 1 person has moderate abilities, and 0% who have very low abilities. The data above shows that the ability of teachers of State Elementary School Assessment In Darussalam District, Aceh Besar Regency, Academic Year 2019-2020 in the pedagogical competence of physical education is in a very

high category, this is because pedagogic competence is done well, pedagogic competence is the obligation and responsibility of a professional teacher.

b. Berdasarkan Kompetensi Kepribadian

Kompetensi kepribadian guru Penjas Sekolah Dasar Negeri Se-Kecamatan Darussalam Kabupaten Aceh Besar Tahun Pelajaran 2019-2020 menunjukkan bahwa 90% atau 9 orang memiliki kompetensi kepribadian tinggi, 10% atau 1 orang memiliki kompetensi kepribadian yang sedang. Data di atas menunjukkan bahwa kompetensi kepribadian guru Penjas Sekolah Dasar Negeri Se-Kecamatan Darussalam Kabupaten Aceh Besar Tahun Pelajaran 2019-2020 dalam melaksanakan kompetensi kepribadian berada dalam kategori sangat tinggi yang ditandai dengan skor yang sangat tinggi dari jawaban wawancara kepala sekolah. Hal ini dikarenakan kompetensi kepribadian dalam kompetensi kepribadian sangatlah penting. Dimana kompetensi kepribadian seorang guru sangat membantu dalam proses pembelajaran di sekolah.

c. Based on Professional Competence

The professional competence of teachers of State Elementary School Assessment In Darussalam District, Aceh Besar Regency, Academic Year 2019-2020 shows that 80% or 8 people have high professional competence, 20% or 2 people have moderate professional competence, and 0% who have very low abilities. From this data, it shows that the professional competence of teachers of State Elementary School Assessment In Darussalam District, Aceh Besar Regency for the 2019-2020 Academic Year in professional competencies is in the high category. This is because professional competence is a very important stage in learning, professional competence is the awareness and responsibility of a teacher, so that the teaching material provided can be easily accepted by students.

d. Based on Social Competence

The social competence of teachers of state elementary school assessments in Darussalam Subdistrict, Aceh Besar Regency for the 2019-2020 Academic Year is 80% or 8 teachers in the high category, 20% or 2 teachers are included in the medium category and 0% of teachers are included in the very low category. With the acquisition of such data, it illustrates that the social competence of penjas teachers above, it can be known that the social competence of State Elementary Schools in Darussalam District, Aceh Besar Regency, for the 2019-2020 Academic Year in physical learning is high. The high social competence score of physical education teachers at State Elementary Schools in Darussalam District, Aceh Besar Regency for the 2019-2020 Academic Year is due to the factors that teachers are able to communicate well, both to students and parents, can cooperate with the board of education and socialize with the surrounding community.

The results of the study can be concluded that, in general, the assessment teachers at state elementary schools in Darussalam Subdistrict, Aceh Besar Regency for the 2019-2020 Academic Year have carried out the teaching and learning process of the assessment properly. This can be proven that 91.00% of teachers state that they are able to create learning programs, 91.00% of teachers carry out assessment learning with the principles of assessment, 91.00% of teachers state that they are always innovative during the teaching and learning process of assessmentists in schools, 91.00% of teachers state that they communicate well to students during the teaching and learning process of the examiner and 91.00% of teachers understand the learning objectives of the assessment in schools.

The performance of the assessment teacher is one of the components that has an important role in teaching and learning activities. According to Yamin&Maisah (2010: 31) performance is the appearance of competencies possessed by teachers, the ability as a teacher in carrying out their duties and obligations properly and responsibly. So from several experts defining teacher performance, it can be concluded that teacher performance is the achievement of quality teacher work ability, discipline, responsibility and carrying out a good profession.

The performance of the assessment teachers at the Darussalam State Elementary School, Aceh Besar Regency, for the 2019-2020 Academic Year is still in the good category, this can be proven that 91% or most of the questionnaire results answered are in the good category. The success or failure of the Penjas teaching and learning process is determined by several factors, one of which is the performance of the assessment teacher as a driving force to carry out teaching and learning activities so that the implementation of the Penjas can run in accordance with the existing curriculum. Although experiencing obstacles in the learning process, this is not an obstacle for schools in organizing Physical Education learning. In this case, teachers are required to be more creative in the teaching and learning process of the examiner.

IV. CONCLUSION

Based on the results of research that has been carried out on the Performance of Assessment Teachers in Improving Learning Achievement of State Elementary School Students in Darussalam District for the 2019/2020 Academic Year, the following conclusions can be drawn: 1.) The ability of the assessment teachers at the State Elementary Schools in Darussalam Subdistrict in general has carried out the assessment learning program well. The implementation of assessment learning in State Elementary Schools in Darussalam District has been good. 2.) The ability of the assessment teacher at the State Elementary School in Darussalam Subdistrict in compiling, designing and implementing learning activities always does innovative in the teaching and learning process of the examiner, always interacting well with the students during the assessment learning. 3.) The ability of teachers of state elementary schools in Darussalam sub-district in designing, compiling and carrying out assessments of learning processes and outcomes is good because they are in accordance with the assessment guidelines of the assessors

BIBLIOGRAPHY

- [1]. Kustimi. (2003). *Kinerja Kepala Sekolah dan Pengawas dalam Membina Kemampuan Mengajar Guru*. Tesis. Universitas Pendidikan Indonesia.
- [2]. M.E. Winarno. (2007). *Pengembangan Pembelajaran Pendidikan Jasmani*. Jakarta: sinagrafika.
- [3]. Mulyasa. (2006). *Kurikulum Tingkat Satuan Pendidikan*. Bandung: Remaja Rosdakarya.
- [4]. Nindi Sini Sea. (2007). *Kompetensi yang Dimiliki Guru Penjas di SMA Negeri di Kabupaten Sleman*. Tesis tidak diterbitkan. Yogyakarta: PPS-UNY.
- [5]. Norlander-Case, dkk. (2009). *Guru Profesional*. Jakarta: PT. Indeks.
- [6]. Nugroho Susanto. (2000). *Pelaksanaan Penilaian Jabatan Fungsional Guru*. Bandung: Universitas Pendidikan Indonesia.
- [7]. Peraturan Pemerintah Nomor 19 tahun (2005). *Standar Nasional Pendidikan*. Jakarta: Departemen Pendidikan Nasional.
- [8]. Supriatna, Eka dkk. (2009). *Pembelajaran Pendidikan Jasmani Sekolah Menengah*. Dirjen. Pendidikan Dasar dan Menengah Depdikbud.
- [9]. Toharuddin.Toto . (2002). *Kinerja Profesional Guru*. Bandung: Universitas Pendidikan Indonesia.
- [10]. Yamin, Martins. (2006). *Sertifikasi Profesi Keguruan Indonesia*. Jakarta: Gaung

Abdul Rahim, et. al. "Performance Of Sports And Health Physical Education Teachers In Improving Learning Achievement Of State Elementary School Students In Darussalam Sub-District Years Of Imprisonment 2019/2020." *IOSR Journal of Sports and Physical Education (IOSR-JSPE)* 9(4), (2022): pp. 01-04.