

Performance Analysis and Knowledge of Physical Education Teachers of Sports and Health of High Schools in Banda Aceh

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Abstract

Background: Sports and health physical education teachers have an important, strategically positioned, and responsible role in National Education. Sports and health physical education teachers have duties as educators, teachers, and coaches. Educating means passing on and developing the values of life. All such components demand high performance and knowledge of teachers. This study aims to determine the Performance and Knowledge of Teachers of Physical Education for Sports and Health of Atat Middle School in Banda Aceh.

Materials and Methods : This research uses qualitative research methods that seek to describe a phenomenon in detail and in depth. To get the desired research results, the researcher used a type of evaluation, to see how the Performance and Knowledge of Physical Education and Sports Teachers of High Schools in Banda Aceh.

Results: The results of the study, the performance of the penjasorkes teacher in the senior high school in Banda Aceh is very good, this is reflected in the alternative choice of the examiner tin, where the "good" answer is chosen by the average examiner of the knowledge of the jasmanai education teacher in the senior high school in Banda Aceh sedan, high and very high, this is reflected in the results of the questions answered by the high school teacher in Banda Aceh level of understanding, analyze, synthesize and evaluate the science of physical education in the learning process in good schools.

Keywords: Performance, Knowledge, Teacher of health assessment.

Date of Submission: 26-08-2022

Date of Acceptance: 10-09-2022

I. INTRODUCTION

The implementation of education in Indonesia is a National Education System that is systematically regulated. aims to develop the potential of students to become human beings who have faith and devotion to God Almighty, have noble character, healthy, knowledgeable, capable, creative, independent. Sardiman (2005) stated that "The teacher is one of the human components in the teaching and learning process, which plays a role in efforts to form human resources

Based on preliminary studies conducted by researchers in several high schools in Banda Aceh, namely in early March 2022. from the results of the initial observations or surveys that the author conducted are as follows:

The author's observation of learning activities can be stated several disadvantages, including: there are some sports and health physical education teachers who rarely use rpp as a guide in the implementation of learning during the teaching and learning process.

There are still sports and health Physical Education teachers tend to emphasize the learning process on mastering sports skills. Based on the problems that the researcher described above, the researcher is therefore interested in conducting a study with the title Performance analysis and Knowledge of Teachers of Physical Education sports and health of High Schools in Banda Aceh."

II. RESEARCH PROCEDURE

In general, this study aims to uncover the performance and knowledge of physical education and sports teachers at the high school level.

A. Research Design

The research design can be seen below:

Observations> Documents> Teacher Performance Instruments> Tests on the presentation of data>>researchers.

B. Research Subjects

To find out more in-depth information, researchers select informants who are considered appropriate to the research objectives, namely sports and health physical education teachers who are samples.

C. Research Instruments

To use the teknik that has been determined, the tools used to collect data are needed, namely: those developed by the author (observations, documents, teacher performance instruments, test questions).

D. Técnicas de recopilación de datos

To obtain the data needed in depth on the Performance and Knowledge of Teachers of High School Health Assessment Teachers in Banda Aceh Before entering the data collection stage, researchers first compile data collection guidelines accompanied by valid schedules and the preparation of data collection committees in the field, this is to facilitate data collection.

E. Data Analysis Techniques

The data analysis techniques used in this study include for results, thus that appropriate data analysis procedures and techniques are needed for the collected qualitative data. The data analysis techniques used in this study include for results, data processing is carried out by calculating the percentage for each answer given according to the number using the formula of finding the percentage. According to Sudjono (2001:40) as follows:

$$P = \frac{\sum skor\ perolehan}{\sum skor\ total} \times 100\%$$

As for the data analysis techniques used, namely first classifying data (Reduction), (Display) Data presentation and drawing conclusions.

III. RESEARCH RESULTS

Performance is the level of success of a person or group of people in carrying out their duties and responsibilities as well as the ability to achieve goals and standards that have been set (Sulistyorini, 2001). While other experts argue that performance is the result of a certain work function or activity in it consists of three aspects, namely: Clarity of the task or work for which it is responsible; Clarity of the expected results of a job or function; Clarity of time required to complete a work in order for the expected results to be realized (Tempe, A Dale, 1992).

Based on the results of data collection obtained by ha using the following steps:

- a. Calcula el número de alternativas (F) de las respuestas seleccionadas por el encuestado a partir de cada respuesta.
- b. Create a table then sum it up.

Alternative Answers	Frequency	Percentage
Good	9	100%
Bad	0	0%
Sum	9	100%

Based on the table of research results on the performance of high school physical education teachers in Banda Aceh shows that 9 teachers (100 %) of health inspectors in Banda Aceh review the concept of practice / material that has been taught, guide students to self-evaluate to find benefits, provide feedback on the learning process, inform the plan of learning activities for the next meeting.

Based on the recapitulation of the above leveling answers, it can be concluded that the High School Health Assessment Teacher in Banda Aceh in general reviews the concept of practice / material that has been taught,

guides and fosters students to conduct self-evaluations to find benefits, provide feedback on the learning process, inform the plan of learning activities for the next meeting.

Knowledge is the result of knowing and this is after people have sensed a certain object. Sensing occurs through the five human senses, namely the senses of sight, hearing, smell, taste and taste. Most of human knowledge is obtained through the eyes and ears (Notoadmojo, 2007). Knowledge or cognitive is a very important domain for the formation of a person's actions (overt Behavior).

IV.CONCLUSION

Based on the results of research that has been carried out regarding "analysis of the performance and knowledge of high school health assessment teachers in Banda Aceh", in this case it can be concluded as follows:

1. The performance of teachers of physical education for sports and health at Banda Aceh High School is good, the performance of high school health assessment teachers in Banda Aceh is revealed from the results of the teacher performance assessment instrument, indications of the performance of the health assessment teachers can be seen from preparing and implementing learning physical education teachers packaging the content of the material and practice until the implementation of the evaluation. Using teaching methods and strategies, Good communication between physical education teachers and students.

2. Knowledge of jasmanai education teachers in high schools in Banda Aceh mamadai or good, this is reflected in the level of understanding, analyzing, synthesizing and evaluating physical education knowledge in the learning process at school, this is reflected in the answers of the health assessment teacher concerned.

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Yusra Amna, et. al. "Performance Analysis and Knowledge of Physical Education Teachers of Sports and Health of High Schools in Banda Aceh." *IOSR Journal of Sports and Physical Education (IOSR-JSPE)* 9(5), (2022): pp. 20-22.